

YMCA
DOWNSLINK GROUP

Application Pack



29th October 2019

Dear Applicant,

Re: Wellbeing Dramatherapist

Thank you for your interest in the above post.

Enclosed is a job pack containing the following:

- ▶ Welcome to Applicants
- ▶ The YMCA Movement & Our Vision
- ▶ About Us
- ▶ Job Profile
- ▶ Person Specification
- ▶ Principal Terms & Conditions
- ▶ Our Structure
- ▶ Policy on the Recruitment of Ex-Offenders

I have also enclosed an application form for your completion. Please be aware that the closing date for this vacancy is **Thursday 14th November at 9am** and the interview date is **Friday 22nd November**.

Please return email applications to recruitment@ymcadlg.org or hard copies by hand or post to **Human Resources, Reed House, 47 Church Road, Hove, BN3 2BE**.

We look forward to receiving your completed application. If you have not heard from us within 2 weeks of the closing date, please assume that your application was not successful on this occasion.

YMCA DownLink Group requires all staff and volunteers to be committed to safeguarding and promoting the welfare of children, young people and vulnerable adults.

Successful applicants are required to undertake an Enhanced Disclosure via the Disclosure and Barring Service (DBS).

Yours faithfully,

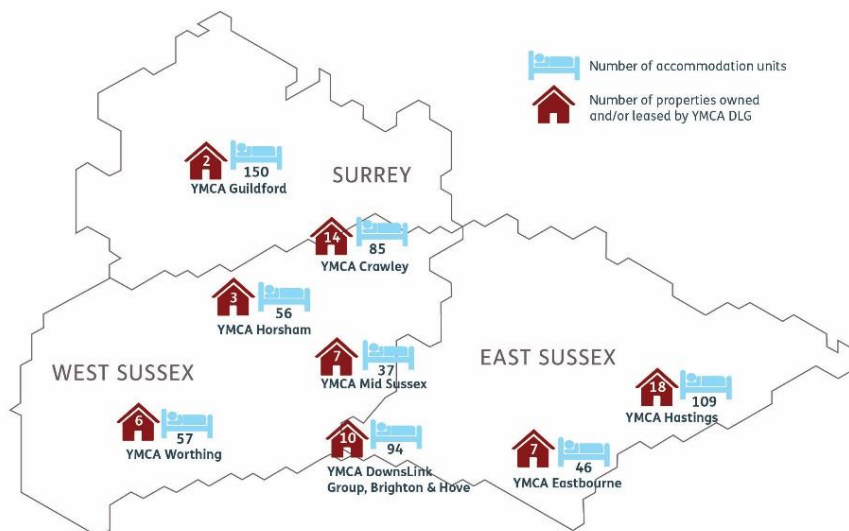


Caitlin Horne
HR, Recruitment & Training Administrator

Welcome to Applicants

Thank you for your interest in this role and I hope you find this pack and our website www.ymcadlg.org answer your questions. You probably will have heard of YMCA, the largest and oldest youth charity in the world but you may not have heard about us. YMCA DownsLink Group is a grouping of local YMCAs across Sussex and Surrey, who over the past seven years have taken the decision to work more formally together to increase the capacity and impact of YMCA work in the region. Our last merger was in June 2018 when we welcomed Eastbourne & Wealden YMCA into the organisation. We took our name from a well-known bridle path that connects the South and North Downs called the Downs Link Way, following the merger of Sussex Central YMCA and Guildford YMCA in 2014. So, while we have a long heritage, we are a young and ambitious organisation. This creates opportunities that I hope you will relish.

Our localities



Our projects

- | | |
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|  <p>YMCA SAFE SPACE
Support and first aid for people intoxicated, distressed or injured during a night out.</p> |  <p>YMCA WISE PROJECT
Supporting children and young people to stay safe in their relationships.</p> |
|  <p>YMCA ENGAGE
Providing meaningful activity for older adults whilst training young people in a care specific coaching environment.</p> |  <p>YMCA RIGHT HERE
Young people promoting health and wellbeing through education, campaigning and influencing.</p> |
|  <p>YMCA YAC
Advice and support for young people aged 13-25.</p> |  <p>YMCA CHAPLAINCY
Providing a non-judgemental space to discuss, explore, listen and support.</p> |
|  <p>YMCA EDUCATION & TRAINING
Enabling young people to achieve their full potential.</p> |  <p>YMCA POSITIVE PLACEMENTS
Supporting young people in their journey towards education, employment or training.</p> |
|  <p>YMCA CAFÉ
A great place to eat, relax and meet up with friends.</p> |  <p>YMCA DIALOGUE
Counselling and therapeutic support for children, young people and families.</p> |
|  <p>YMCA SOCIAL ENTERPRISE SERVICES
Grounds maintenance, landscape gardening, painting & decorating and handyman.</p> | |

We believe that the work of the YMCA is transformational, and our vision is built on transforming young lives. At YMCA DownsLink Group our work is targeted towards young lives on the fringes of our society with the aim of helping them to *belong, contribute & thrive*. Our services are focused on five key themes:-

- 1. *Helping young people belong in the local communities they live in*
- 2. *Supporting wellbeing in young lives*
- 3. *Keeping children & young people safe*
- 4. *Helping young people achieve*
- 5. *Empowering young people to influence*

Last year our services reached over 13,000 young lives across Sussex & Surrey. We are an ambitious organisation committed to further increasing our reach and the impact of our work.

I hope that you are sufficiently interested to read on and find out more about YMCA DownsLink Group and this role. I look forward to receiving your application and wish you well.

I welcome your interest.

Chas Walker

Chas Walker
CEO, YMCA DownsLink Group



The YMCA Movement

YMCA

The YMCA is the largest and oldest youth charity in the world. It is a global, faith-based movement responding to the needs of young people around the world. From its humble beginnings in the City of London in 1844, the YMCA has grown to become a worldwide organisation reaching over 55 million members in 119 countries. As the founding 'country', YMCA England & Wales plays an important role in the worldwide movement and as a local YMCA we are committed to be an active member of the YMCA movement nationally and internationally.

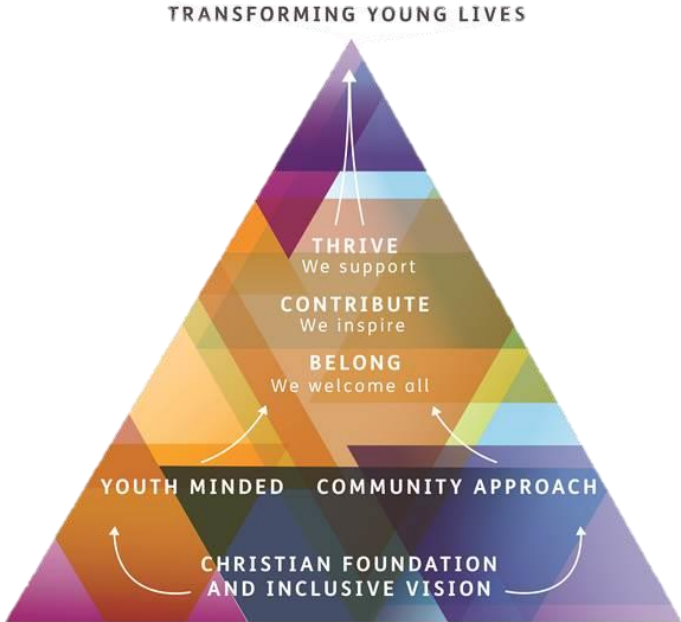
YMCA England & Wales

The YMCA Movement in England, Wales is a federation of over 112 YMCAs that work across 740 recognised communities in England & Wales. Each YMCA is an independent, self-governing charity that affiliates to the YMCA Federation. [YMCA England & Wales](#) supports and facilitates the work of the Federation providing the YMCA with a national voice in supporting the YMCA vision of *transforming communities, so all young people can belong, contribute & thrive*. It also supports YMCAs by promoting high standards of working, sharing best practice, fundraising on their behalf, partnering with them to pilot new projects, and providing training opportunities for their staff and volunteers.

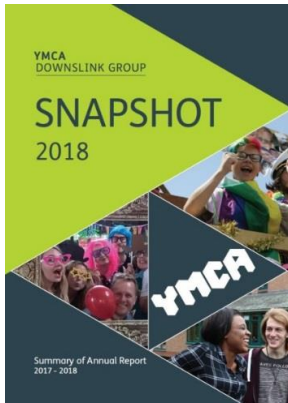
Our Vision

Our vision is of an inclusive Christian movement transforming communities so that all young people can belong, contribute and thrive.

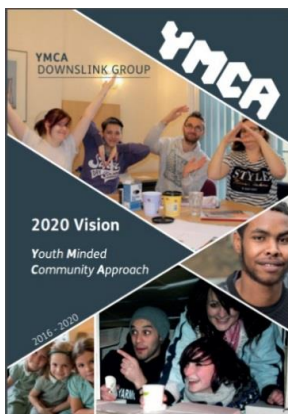
You will need to demonstrate a commitment to our aims and ethos, but **do not** have to be a practicing Christian to be part of our organisation. We value diversity in our staff team to reflect the people that we work with and our aim to be inclusive and celebrating diversity.



About Us



YMCA DownsLink Group has approximately 400 staff and 150 volunteers and our current turnover is £12million. On an annual basis, we accommodate over 900 young people every year, provide community-based support, learning and advice services to over 5,000 young people and our specialist therapeutic services work with over 7,000 children, young people and families. *To read our latest Snapshot and find out more about our work last year, please [click here](#).*



YMCA DownsLink Group has an ambitious vision for the future which we launched in 2016 as our 2020 Vision with its aim to help transform us into a **youth minded community approach organisation**.

We want to be an organisation that is strongly rooted in the local communities in which we work, reflecting the 'DNA' of the YMCA that we are a ground up rather than top down Movement, where YMCAs come out of and are supported through local communities. Our aim is to grow the number of local YMCAs that YMCA DownsLink Group can support across Sussex and Surrey.

Alongside the local approach we also want to be an innovating organisation, developing specialist services that support our vision of young people belonging, contributing and thriving. So, we have continued to invest in 'signature' YMCA programs such as YMCA Dialogue, our counselling and wellbeing services, YMCA WiSE, our specialist exploitation service and many more. *To find out more about our 2020 Vision please [click here](#).*

For examples of our work with young people and the impact it has, please [click here](#)



Job Profile Wellbeing Dramatherapist

Responsible to WELLBEING TEAM MANAGER

Service Area CYPS

Location BRIGHTON & HOVE

Job Purpose

As part of the Brighton & Hove Community Wellbeing Service for children and young people in the City, your role will be to provide dramatherapy assessments and treatment for young people aged 4-25 years.

The role will fit in to the clinical team within the CYP Wellbeing Service and the post holder will be required to work with the Wellbeing Team Manager, CYP Leads and triage team to support children / young people accessing provision within the emotional wellbeing and mental health pathways.

What you will be doing

General

1. Carry out individual dramatherapy assessments to children & young people in local settings and to support allocation to the relevant treatment option.
2. To work closely with the Wellbeing Team Manager and wider team to ensure high quality delivery of service.
3. To deliver 1-1 and group dramatherapy sessions to young people within the Wellbeing Service.
4. To support the signposting/referral of vulnerable young people to other services including CAMHS, AMHS, GP, School Counselling, Social Care, Early Help and MASH where appropriate.
5. To fully comprehend and work within YMCADLG's Safeguarding Children & Adults policies and procedures at all times and understand how this fits with the Risk Management Protocol of the wider wellbeing service.
6. To work within the framework of a time-limited therapeutic model.
7. To work within the BACP Ethical Framework and to uphold the clinical standards that are expected from a BACP Accredited Counselling Service.

8. To attend regular clinical supervision with the assigned clinical supervisor. To not take Wellbeing Service client work to any other clinical supervisor.
9. To report back to the Wellbeing Team Manager on a regular basis on the progress of the provision, and to raise any areas of service excellence or concern.
10. To establish a strong working relationship with Wellbeing Service colleagues.
11. Liaise with partners in the Wellbeing Service and other young people's services in the City to help co-ordinate the effective frontline delivery of therapeutic services to children & young people.
12. To be flexible to respond to the evidenced needs of service users by delivering services that are not restricted to a 9am-5pm timetable, which could include twilight/early evening appointments.
13. To work systemically, e.g. liaise with and include parent/carers, educators, health professionals when appropriate and as agreed by the client.
14. To actively promote participation and for all service users to be offered the opportunity to have a voice, get involved and to influence operational and strategic direction within YMCADLG.
15. To use SystmOne for recording interventions and any work relevant to the young person in an appropriate, professional and diligent manner.
16. To contribute to and be part of the Wellbeing Service as part of YMCA DownsLink Group and attend line management meetings, team meetings and CPD events as required. Working constructively as part of a team and being involved in the development of good practice.
17. To carry out, from time to time, any other appropriate duties in line with capabilities as directed by the line manager to support and promote the work of the project.
18. To work within all YMCA DLG policies and procedures at all times and to abide by the Code of Conduct
19. To attend YMCA DLG mandatory training and abide by our policies and procedures on Safeguarding, Health and Safety and Equality and Diversity
20. To attend appropriate continuing professional development and training events and be committed to team events

Person Specification

Experience

- Experience in individual dramtherapy with young people (aged 4 – 25) to include working with complexity and risk issues
- Experience of having worked within a multi-agency setting
- Experience and/or knowledge of local statutory and voluntary agencies
- Experience of working creatively with young people
- Experience of working in a community setting
- Experience of carrying out mental health / dramatherapy assessments

Skills & Abilities

- Excellent motivational skills relevant to children, young people and families with complex needs
- Excellent administrative and organisational skills
- To be able to work competently and ethically on a time limited basis
- Word processing, computer literacy skills and competent with IT/Internet/Social Media and data recording.
- Ability to work as part of a wider dispersed team
- Excellent communication skills, verbal, interpersonal and written on all levels and according to need
- Flexible interpersonal attitude
- Ability to self-manage own workload

Qualifications & Training

- BADth accredited MA in Dramatherapy / Drama and Movement Therapy
- Full BADth membership
- HCPC Registration
- Evidence of ongoing, post-qualifying CPD

Knowledge

- A working knowledge of mental health issues affecting children and young people
- Knowledge of statutory services working with young people and families
- An understanding of and an ability to adhere to professional boundaries
- An excellent knowledge of up to date Child Protection & Safeguarding issues and procedures
- A sound understanding of Child developmental processes
- Demonstrate a working understanding of the principle of equal opportunities as it applies to the context of the post

General

- An understanding of and commitment to Trauma-Informed practice
- A commitment to the Aims and Purposes of YMCA DLG

Principal Terms & Conditions

1. Salary and benefits

£30,335 per annum (pro rata), plus the following benefits:

- ▶ Competitive stakeholder pension: with Legal and General
- ▶ Health shield cash plan: covers the cost (up to an agreed limit) of health and well-being treatments
- ▶ Life assurance policy: 2x annual salary
- ▶ Company sick pay (up to 5 days in first 6 months, up to 10 days in first year, and up to 20 days after 1 years' service. Pro-rated for part time staff)

2. Holiday entitlement

27 working days (rising to 29 after 5 years' service) plus all public holidays (pro-rated for part time staff).

3. Contract Type

This is a fixed-term post until 31st May 2020.

4. Working hours

We have 74 hours available in total (i.e. 2 x full time posts at 37 hours per week). Job share and part time applications are encouraged, please confirm your desired hours on the application form.

5. Location

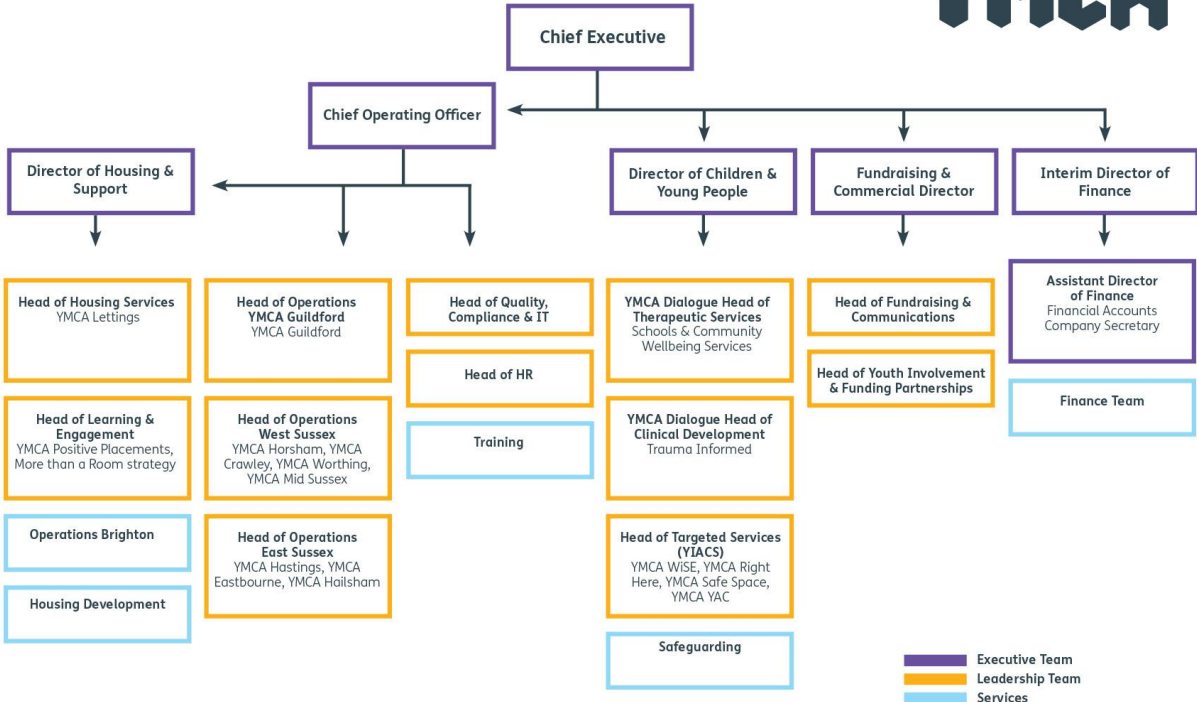
Your normal place of work will be Brighton & Hove.

6. Probation

There is a six-month probationary period

Our Structure

YMCA DOWNSLINK GROUP



Policy on the Recruitment of Ex-Offenders

YMCA DownsLink Group actively promotes equality of opportunity for all, with the right mix of talent, skills and potential, and applications are welcome from a wide range of candidates.

We undertake not to discriminate unfairly against any applicant on the basis of a criminal record or other information revealed. Criminal records and other information will be taken into account for recruitment purposes only when they are relevant.

We select all candidates for interview based on their skills, qualifications and experience. We ask all applicants called for interview to provide details of their criminal record. Depending on the nature of the position applied for, YMCA DownsLink Group may request details of your entire criminal record or only of 'unspent' convictions as defined in the Rehabilitation of Offenders Act 1974.

We request that this information is sent under separate, confidential cover to a designated person within YMCA DownsLink Group and we guarantee that this information is only seen by those who need to see it as part of the recruitment process. We would point out that for the successful candidate, this information will be verified by requesting a Disclosure¹ statement from the Disclosure and Barring Service before the appointment is confirmed.

Failure to reveal information that is relevant to the position sought could lead to withdrawal of an offer of employment or subsequent dismissal.

We ensure that all those in YMCA DownsLink Group who are involved in the recruitment process have been suitably trained to identify and assess the relevance and circumstances of offences. We also ensure that they have received appropriate guidance and training in the relevant legislation relating to the employment of ex-offenders e.g. the Rehabilitation of Offenders Act 1974.

At interview, or in separate discussion, we ensure that an open and measured discussion takes place on the subject of any offences or other matters that might be relevant to the position.

For those positions where a Disclosure is required, application forms and guidance notes will contain a statement that a Disclosure will be requested in the event of the candidate being made a conditional offer of employment.

We undertake to discuss any matter revealed in a Disclosure with the person seeking the position before withdrawing a conditional offer of employment.

¹ Applicants for certain positions who are made a conditional offer of employment will be subject to a criminal record check – known as Disclosure – from the Disclosure and Barring Service

Having a criminal record will not necessarily bar you from working with YMCA DownsLink Group. This will depend on the nature of the position and the circumstances and background of any offences. However, as the nature of the YMCA DownsLink Group's work brings its employees & volunteers into contact with young people (those under 18 years old) and/or vulnerable adults, a criminal record or other information which makes an application unacceptable for a position of trust will render the applicant unsuitable.

As an organisation using the Disclosure and Barring Service (DBS) Disclosure service to assess applicants' suitability for positions of trust, this policy complies with the DBS Code of Practice.

Declaration of Criminal Background & Guidelines for Working with Young People and/or Vulnerable Adults

The Rehabilitation of Offenders Act 1974 sets out to help people who have been convicted of a criminal offence and have not been convicted again in a specified period. This period is known as a rehabilitation period. Once a rehabilitation period has expired and no further offending has taken place, a conviction is considered to be 'spent'. Once a conviction is spent, the convicted person does not have to reveal it or admit its existence in most circumstances.

The Rehabilitation of Offenders Act 1974 (Exceptions Order) gives some exemptions from the Act, whereby details of 'spent' convictions have to be declared. One of these exemptions is working with young people and/or vulnerable adults. When recruiting people to work in such positions of trust an employer is entitled to ask for details of all convictions, spent and unspent.

If you are invited to an interview, please bring with you a completed Declaration of Criminal Background Form which is enclosed in this application pack. It asks for details of spent and unspent convictions, cautions, reprimands and final warnings. You should complete the form and place it in an envelope marked 'Private and Confidential', addressed to the Interview Panel. Your name should be clearly stated on the front.

The information relating to criminal convictions will only be seen by the interview panel if we are considering offering you employment. If you wish to discuss the information that you have given, please mention this to an interviewer. Having made its selection, the panel may wish to discuss any information given with you. Having a conviction will not necessarily bar you from consideration for the post. Criminal records will be taken into account only when they are relevant to the position for which you are applying. The information you provide will remain confidential.

If you are made a conditional offer YMCA DownsLink Group will apply for an Enhanced DBS Disclosure depending on the nature of the job.

The DBS offers organisations a means to check the background of job applicants to ensure that they do not have a history that would make them unsuitable for the post. DBS Disclosures are provided by the Disclosure and Barring Service, an executive agency of the Home Office. Enhanced disclosures provide details of a person's criminal record including convictions, cautions, reprimands and warnings; they also contain details from lists held by Government departments of those considered unsuitable for this type of work. Organisations using the DBS process must comply with the Code of Practice, a copy of which is available on request.

If you have any queries, please speak to a member of the HR team.